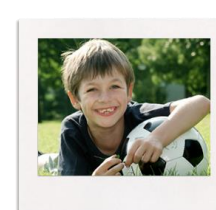
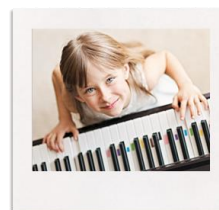


The Fritid after school activities association is “not for profit”, run by a board of parent volunteers. Fritids activities are part funded by fees and part funded by the Gentofte Kommune.
Sign up for classes takes place each semester
(in August and in January).

For the Fritid office contact: 51952436, fritids@rygaards.com

- Registration is binding. Go to www.rygaardsfritid.com to register and enrol for the different activities.
- We reserve the right to cancel classes or make changes to classes if deemed necessary
- Classes will open for sign up from the announced time
- We regret that activities can only run if there is sufficient enrolment for a viable class.
- In the unusual event of activity cancellation (e.g. teacher sickness) a notice will be sent to parents via email or SMS.
- Lessons missed because of the child’s absence (due to illness, travelling etc.) will not be replaced or reimbursed.
- Rygaards Fritid reserves the right to dismiss children who repeatedly disrupt the classes, without reimbursing the fee.
- Teachers are contracted to Fritid each semester.
- **REMEMBER INSURANCE: The child’s participation in the activities is at the parent’s own risk.**
- Fees cover lessons for the period as stated. Individual music lessons: 25 min. of teaching + 5 min. administration time. Sports activities: 60 min.+ time for clean-up/changing. Other lessons: 50 minutes + 10 minutes for clean-up. Prices may vary where some teachers elect to work on a voluntary (unpaid) basis and depending on equipment and materials requirements. Membership fee (25 Kr) is collected at first registration in each semester



Registration opens on January 6th at 10:00 at
www.rygaardsfritid.com
Activities will start in week 5 (January 29th)
Classes are held on the campus of Rygaards school (Hellerup)
but you do not have to be a student at school to join.

www.rygaardsfritid.com

Bernstorffsvej 54 · 2900 Hellerup · Tel. 51952436, call between 14:00-16:00 or send text -email: fritids@rygaards.com Go to website for more information

Chess

Chess beginners/intermediate

670 Kr per 14 weeks

Fri 14:50-15:50

Teacher: Vicente Christensen

Instruction UK/DK

Chess advanced

670 Kr per 14 weeks

Wed 14:50-15:50

Teacher: Vicente Christensen

Instruction UK/DK

Choir



DoReMi (age 6-8)

670 Kr per 14 weeks

Thur 15:00-16:00

Teacher: Agneta Mei Hytten

Instruction UK

Agnetas Musical Choir

(age 11-14)

670 Kr per 14 weeks

Thu 16:00-17:00

Teacher: Agneta Mei Hytten

Instruction UK

Cooking class

Young Chefs (age 8 to 10)

1500 Kr per 14 weeks

Wed 15:00-17:00

Teacher: Massimo Ricci

Instruction UK/Italian

Young Chefs (age 11+)

1500 Kr per 14 weeks

Mon 15:00-17:00

Teacher: Massimo Ricci

Instruction UK/Italian

Sports

Football (age 7-8)

670 Kr per 14 weeks

Fri 15:00-16:00

Teacher: Per Jacobsen

Instruction UK/DK

Play gym (age 8-9)

670 Kr per 14 weeks

Mon 14:45-16:00

Teacher: Vera Maskova

Instruction UK

Play gym (age 5-6)

670 Kr per 14 weeks

Wed 14:45-16:00

Teacher: Vera Maskova

Instruction UK

Play gym (age 6-7)

670 Kr per 14 weeks

Tue 14:45-16:00

Teacher: Vera Maskova

Instruction UK

Volleyball (age 8-11)

800 Kr per 14 weeks

Sat:09:00-10:30

Teacher: Gentofte Volley

Instruction UK/DK

Volleyball (age 12+)

800 Kr per 14 weeks

Sat:10:30-12:00

Teacher: Gentofte Volley

Instruction UK/DK

Introduction to Fencing

(age 7-11)

670 Kr per 10 weeks

Mon:15:00 - 16:00

Teacher: Hellerup Fencing Club

Instruction UK/DK

Karate (age 6-8)

200 Kr per 14 weeks

Mon:18:00-19:00

Teacher: Joseph Magt

Instruction UK

Karate (age 9+)

200 Kr per 14 weeks

Mon 19:00-20:30

Teacher: Joseph Magt

Instruction UK

Dance & Movement

For Reception Class:

Creative Movement (age 4-5)

670 Kr per 14 weeks

Tue 15:00-16:00

Teacher: Emma Davies-Andersen

Instruction UK

Creative Movement (age 5-7)

670 Kr per 14 weeks

Tue 16:00-17:00

Teacher: Emma Davies-Andersen

Instruction UK

Hero Training

Nice Ninja

(age 5-6)

950 Kr per 14 weeks

Tue 15:00 - 16:00

Teacher: Paul M. Breitenstein

Instruction: UK

Nice Ninja

(age 7-8)

950 Kr per 14 weeks

Wed 15:00 - 16:00

Teacher: Paul M. Breitenstein

Instruction: UK

Languages

Italian for beginners

800 Kr per 14 weeks

Thu 14:50-15:50

Teacher: Alba Granizio

Hansen

Instruction UK/DK

Italian for advanced/native speakers

800 Kr per 14 weeks

Thu 15:50-16:50

Teacher: Alba Granizio

Hansen

Instruction UK/DK

Music: Individual music lessons (30 min).

2750 Kr per 14 weeks

Day/timeslot selected at

registration.

Piano

Teachers: Olga Nikulina,

Anna Nikolova,

Juliane P Rothmaler

Instruction UK/DK

Classical Spanish guitar

Teacher: Trung Hoa Tran

Instruction UK/DK

Ukulele

Teacher: Trung Hoa Tran

Instruction UK/DK

Violin

Teacher: Olga Nikulina

Instruction UK/DK/Russian

Trumpet (modern/baroque)

Teacher: Justin Bland

Instruction UK

Guitar/drums/keyboard

Teacher: Angel D'Angelov,

Kristian Hoffmann

Instruction UK/DK

Keyboard/drums

Teacher: Ludvig Puggaard-

Muller

Instruction UK/DK

Recorder

Teacher: Juliane P Rothmaler

Instruction UK/DK/German

Classical Singing (age 8+)

Teachers: Olga Nikulina,

Juliane P Rothmaler

Instruction UK/DK

Music composition/Bands

Teacher Angel D'Angelov

Instruction UK/DK

For band playing/music groups please contact the office

Art & Crafts

Pottery

800 Kr per 14 weeks

Mon 14:50-15:50

Teacher: Vicente Christensen

Instruction UK

DRAWING CLASSES:

Drawing & painting (age 7-10)

1100 Kr per 14 weeks

Thu 15:15-16:45 (1½ hour)

Teacher: Christine Lohmann

Instruction UK/DK

Manga Cartoons (age 9+)

800 kr per 14 weeks

Mon 16:00-17:00

Teacher: Tea Kau

Instruction DK/UK

Draw fairy-tale creatures

(5-15)

800 Kr per 14 weeks

Wed 15:00-16:00

Teacher:Henriette Levinsen

Instruction UK/DK

Learn to create portraits

(age 10+)

800 Kr per 14 weeks

Wed 16:00-17:00

Teacher: Henriette Levinsen

Instruction UK/DK

Smart Fun:

WebMedia:Animation,
Radio&TV

(age 7+)

1000 Kr per 10 weeks

Sat 10:00-11:00

Teacher: SmartFunCo

Instruction UK

Introduction to Python
+ Python Projects

(age: 10+)

1000 Kr per 10 weeks

Sat 11:00-12:00

Teacher: SmartFunCo

Instruction UK

Introduction to Robotics
Level 1

(ages: 8+)

1300 Kr per 10 weeks

Sat 12:00-13:00

Teacher: SmartFunCo

Instruction UK

This program may be subject to change. Please visit www.rygaardsfritid.com for detailed information.